

2012 NCRTA Student & Professional Issues Forum
School of Education and Human Performance at Winston-Salem State University
Albert H. Anderson Center
Friday, February 24, 2012

Tentative Schedule at a Glance:

- 7:45-8:30 am** **REGISTRATION**
- 8:30-8:45 am** **WELCOME: NCRTA PRESIDENT**, Rebecca Riedl, LRT/CTRS and
STUDENT REPRESENTATIVES: Lacy Burgess and Nicole Donald
- 8:45-10:15 am**
(.15 CEU Credit) **KEYNOTE ADDRESS**
1. Students and Professionals United:
Challenges and Opportunities for Our Future
Peg Connelly, Ph.D., LRT/CTRS
- 10:15-10:30 am** **BREAK**
- 10:30 am-noon**
(.15 CEU Credit) **CONCURRENT SESSIONS**
2. Balance Assessment and Tai Chi for Balance Improvement
Lei Guo, Ph.D., LRT/CTRS
 3. Seven Modalities for RT-
Poster Session Highlighting the Latest Efficacy and Applications
Jennifer Hinton, Ph.D., LRT/CTRS
 4. Cochlear Implants: A-Z
Cynthia Stanley, Ph.D., LRT/CTRS
 5. Emerging Science of RT for Dementia Treatment
Linda L. Buettner, Ph.D., LRT/CTRS
- 12:00-2:15 pm**
(.15 CEU Credit) **BUFFET LUNCH Provided**
6. Lessons Learned in St. Vincent: Applications to RT
Jennifer Hinton, Ph.D., LRT/CTRS
Jessica Talent, RT Student
- 2:15-2:30 pm** **BREAK**
- 2:30-4:00 pm**
(.15 CEU Credit) **CONCURRENT SESSIONS**
7. Adaptations
Julie Bradwell, LRT/CTRS
 8. Facilitating Challenge Course Activities for Goal Achievement
JoAnn Coco-Ripp, Ph.D., LRT/CTRS
Josh Burcham, Coordinator Triad Team Adventures
Ashley Shepard, RT Student
 9. All You Need to Know about RT Licensure
Becky Garrett, LRT/CTRS
 10. Recreational Therapy in the Emergency Room?
Wendy Holcomb, LRT/CTRS
Kathy Reagan-Harrold, LRT/CTRS

*NCRTA is grateful for the collaboration of the Teacher Education Advisement and Partnership (TEAP)
Center at Winston Salem State University in hosting this forum.*

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FORUM REGISTRATION FORM

Please print legibly and complete all information.

If you do **NOT** want to be a part of the NCRTA Membership Directory (on-line) or e-groups, please check here.

Name _____ Daytime Phone (____) _____

Title _____

Agency/University _____

Permanent Address _____

E-mail address _____

Fee Schedule:	NCRTA Student Member	\$ 25.00	_____
	**Student Non-Member	\$ 35.00	_____
	NCRTA Professional Member	\$ 45.00	_____
	**Professional Non-Member	\$ 75.00	_____
	Continuing Education Credit	\$ 15.00	_____
	Late Fee (after Feb. 12 th)	\$ 25.00	_____
	Total		_____

**** The non-member fee includes a one-year NCRTA membership****

- **Registration Deadline: Must be postmarked by February 12th. The deadline for online registration is February 17th by noon.** No confirmations will be mailed. *You will be notified only if space is not available.*
- Make check payable to **NCRTA**. Mail to Carolyn Austin, 5409 Saddlewood Drive Summerfield, NC 27358
- Special Services: If you require any auxiliary aides or services to fully participate, please attach a written description of needs (i.e. special diet, interpreter, etc.)
- ???Questions???- Contact Tracie Maner at thmaner@gmail.com or 336.972.2965

Directions: From Statesville, NC and Points West: Merge onto I-40 E toward Winston-Salem. Merge onto US-52 N via exit 193B toward Mount Airy. Take the Stadium Drive exit, exit 108C. Turn left onto Stadium Drive. Turn right onto Martin Luther King Jr. Drive. At the 3rd light, turn right into the Anderson Center.
From Charlotte, NC and Points South: I-85 N toward Greensboro. Merge onto US-52 N via exit 87 toward Winston-Salem. Take the Stadium Drive exit, exit 108C. Turn left onto Stadium Drive. Turn right onto Martin Luther King Jr. Drive. At the 3rd light, turn right into the Anderson Center. **From Greensboro, NC and Points East:** Merge onto I-40 W toward Winston-Salem. Merge onto US-52 N via exit 193B toward Mount Airy. Take the Stadium Drive exit, exit 108C. Turn left onto Stadium Drive. Turn right onto Martin Luther King Jr. Drive. At the 3rd light, turn right into the Anderson Center. **From Mt. Airy, NC and Points North:** Merge onto US-52 S. Take the Stadium Drive exit, exit 108C. Turn left onto Stadium Drive. Turn right onto Martin Luther King Jr. Drive. At the 3rd light, turn right into the Anderson Center.

PLEASE PARK IN LOT BB BEHIND THE ANDERSON CENTER

**Winston Salem State University is located at 601 S. Martin Luther King Jr. Drive
Winston-Salem, NC 27110**

Hotel Information: Microtel Inn- 100 Capital Lodge Court, Winston Salem, NC 27103 --- (336) 659.1994

2012 PROGRAM AGENDA IN FULL

7:45-8:30 am

REGISTRATION

8:30-8:45 am

WELCOME: NCRTA PRESIDENT, Rebecca Riedl, LRT/CTRS and Student Representatives: Lacy Burgess and Nicole Donald

8:45-10:15 am
(.15 CEU Credit)

KEYNOTE ADDRESS

1. Students and Professionals United:
Challenges and Opportunities for Our Future
Peg Connelly, Ph.D., LRT/CTRS

There are many challenges and opportunities facing our profession. Some have been with us for many years and some are new. Most revolve around our educational programs, our practice and the value other groups place on our services (regulatory agencies and healthcare insurers). While North Carolina is a leader in our profession, there is more work to be done in our state. When students and practitioners unite to address these issues, we have the power to accomplish great things through our collaboration.

10:15-10:30 am

BREAK

10:30 am-noon
(.15 CEU Credit)

CONCURRENT SESSIONS

2. Balance Assessment and Tai Chi for Balance Improvement
Lei Guo, Ph.D., LRT/CTRS

The Geriatric Population experiences a variety of functioning difficulties. One common issue as an individual ages can become balance and falling. During this session, we will learn several ways to measure balance and explore the use of basic Tai Chi theories, philosophies, and movements that may be applied for people with these issues with the desire to enhance their quality of life.

3. Seven Modalities for RT-
Poster Session Highlighting the Latest Efficacy and Applications
Jennifer Hinton, Ph.D., LRT/CTRS

The variety of modalities used in Recreational Therapy programming are vast. Do you find it difficult to keep up with the latest research on some of those that are well-established, or to learn about the development of new modalities? Join us for a poster session of seven modalities including descriptions of the most recent techniques, the latest research on efficacy, and the education and training needed to facilitate them.

4. Cochlear Implants
Cynthia Stanley, Ph.D., LRT/CTRS

This session will address three areas related to people who have had cochlear implants. The first area is an overview of factual information about cochlear implants, how they work, and how they are different from hearing aids. The second area is about my personal experiences and reflections regarding my recent cochlear implant and rehabilitation. The last area addresses what RT practitioners may need to know about providing services to people who have had cochlear implants.

5. Emerging Science of Recreational Therapy for Dementia Treatment
Linda L. Buettner, Ph.D., LRT/CTRS

This presentation will describe the most common forms of dementia and provide evidence to support RT practice in this rapidly growing area. Five recreational therapy research projects will take the audience through the treatment of behaviors, depression, loss of function, the importance of treating apathy, and the quality of life outcomes that can be achieved. Video examples and empirical data will provide evidence to support recreational therapy as the premier treatment of adults with dementia.

12:00-2:15 pm
(.15 CEU Credit)

BUFFET LUNCH Provided

6. Lessons Learned in St. Vincent: Applications to RT
Jennifer Hinton, Ph.D., LRT/CTRS
Jessica Talent, RT Student

Travel with us to the Caribbean as we talk about our experiences with the vibrant culture of St. Vincent and the Grenadines. We will contrast the health care systems of their country and ours, and discuss the benefits of international travel for students and faculty for building cultural competency and values clarification.

2:15-2:30 pm

BREAK

2:30-4:00 pm
(.15 CEU Credit)

CONCURRENT SESSIONS

7. Adaptations
Julie Bradwell, LRT/CTRS

Participants will identify recreation adaptations that would benefit persons with disabilities to increase their independence in the categories of arts/crafts, sports, outdoors, board games, travel, and cultural to name a few.

8. Facilitating Challenge Course Activities for Goal Achievement
JoAnn Coco-Ripp, Ph.D., LRT/CTRS
Josh Burcham, Coordinator Triad Team Adventures
Ashley Shepard, RT Student

Facilitation techniques for activities can improve the outcomes sought in a variety of settings. Increasing skills of the facilitator enhances the outcomes for clients. Session participants will have the opportunity to practice using specific facilitation techniques in three different simulated contexts.

9. All You Need to Know about RT Licensure
Becky Garrett, LRT/CTRS

You **MUST** have a current RT License to practice RT in NC. You may want to attend this valuable session to ensure you are in compliance.

10. Recreational Therapy in the Emergency Room?
Wendy Holcomb, LRT/CTRS
Kathy Reagan-Harrold, LRT/CTRS

Due to the decrease in Mental Health Providers and limited inpatient beds available, more patients are turning to the local hospital emergency room for help. Patients usually get medication or detox but receive no community leisure or support resources to help them in recovery. Forsyth Medical Center has developed a behavioral health program in the emergency room to provide these patients with Recreational Therapy Services.

Continuing Education Units (CEUs) are pending approval through the American Therapeutic Recreation Association. ATRA has been reviewed and approved as a Authorized Provider by the International Association for Continuing Education and Training (IACET). Provider #: 406