**NCRTA Conference Agenda**

**Sunday, October 20th**

***Full-conference Day One***

|  |  |  |  |  |  |
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| Time | Session Title | Session Presenter | Session Number | Location | CEU’s |
| 9:00am- 10:50am | **Check-In/ Registration** | | | LOBBY | |
| 10:50am- 11:00am | Welcome | John Rhodes- NCRTA President | | |  |
|  |  | **LUNCH SERVED** |  |  |  |
| 11:00am-1:00pm | Intro to Motivational Interviewing | Sebastian Kaplan | 1 | Lakeshore Ballroom | 0.2 |
| 1:15pm-1:30pm | **Break** | | | |  |
| 1:30pm- 3:00pm | How to Measure & Manage Stress: Evidence-Based Stress Management with Your RT Patients | Amelia Saul & Katina Hillard | 2 | University Ballroom  A & B | 0.15 |
| 1:30pm- 3:00pm | “I Want to Make a Difference”: Simple and Effective Advocacy to Promote the Profession and Practice of Recreational Therapy | Leandra Bedini | 3 | University Ballroom  D & E | 0.15 |
| 3:00pm-  3:15pm |  | **Break** |  |  |  |
| 3:15pm-  4:45pm | Trauma Informed Care “Perspectives” | Ashley Crawley and Travis Tweed | 4 | University Ballroom  A & B | 0.15 |
| 3:15pm-  4:45pm | Aquatic Therapy: Why the water works for therapy | Madison Kolotello | 5 | University Ballroom  D & E | 0.15 |
| 5:00pm-  7:00pm | **NCRTA Social:**  **Come Join NCRTA for a NCRTA Social**  **Onsite Social: Game Night**  **Location: TBD (weather contingent)** | | | | |

**Total CEU’s Available Per Person for Sunday:**

**0.5 CEU’s**

**Monday, October 21st**

***Full Conference Day Two***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Time | Session Title | Session Presenters | Session Number | Location | CEU’s |
| 7:00am- 8:00am | **Check-In/ Registration** | | | LOBBY | |
| 7:45am-8:00am | Welcome & NCRTA Announcements | | | | |
| 8:00am-9:30m | **Concurrent Sessions:** | | | | |
|  | A Recreational Therapist’s Guide to Mental Health Stigma | Jenny Zumwalde | 6 | University Ballroom  A & B | 0.15 |
| Adopting a Trauma-Informed Approach for LGBTQ Youth (Part 1) | Jeff Zacharias | 7 | University Ballroom  C | 0.15 |
| Scheduling for Success: Preventive Strategies and Support Structures for Working with People with Autism in Recreational Therapy | Casey Wermuth | 8 | University Ballroom  D & E | 0.15 |
| 9:30am- 9:45am | **Break** | | | |  |
| 9:45am-11:15am | **Concurrent Sessions:** | | | | |
|  | Therapeutic Use of Virtual Reality Sailing Simulation for People with Physical Disabilities | Cari Autry and Stephen Anderson | 9 | University Ballroom  A & B | 0.15 |
| Adopting a Trauma-Informed Approach for LGBTQ Youth (Part 2) | Jeff Zacharias | 10 | University Ballroom  C | 0.15 |
| ATRA – Empowering Recreational Therapists | Brent Wolfe | 11 | University Ballroom  D & E | 0,15 |
| 11:15am- 11:45am | **Break** | | | | |
| 11:45am-12:45pm | **LUNCH BUFFET SERVED** | | LOBBY | | |
| 12:45pm- 2:15pm | **Keynote Session:** Recreational Therapist: Develop your potential: achieve your biggest goals this year | Danny Pettry | 12 | Lakeshore Ballroom | 0.15 |
| 2:15pm- 2:45pm | **Break** | | | | |
| 2:45pm- 4:15pm | **Concurrent Sessions:** | | | | |
|  | Creating Something from Nothing: Developing a Therapeutic Environment through Wall Murals | Madalyn Miller, Katina Hillard, and Amelia Saul | 13 | University Ballroom  A & B | 0.15 |
| Becoming Involved in NCRTA: Promoting the Advancement of Licensed Recreational Therapists in North Carolina | John Rhodes and Miranda Evans | 14 | University Ballroom  C | 0.15 |
| Impacts of HeartMath Intervention Techniques & Health Science Undergraduate Majors at Western Carolina University Experiencing Stress: A research Study | Paige Dagenhard-Trainer and Selena Flippin | 15 | University Ballroom  D & E | 0.15 |
| 5:00pm- 7:00pm | **NCRTA SOCIAL:**  **Come join NCRTA for a NCRTA Social**  **Offsite Social: Bar/Restaurant Social**  **Location: Boardwalk Billy’s and/or Bar Louie** | | | | |

**Total CEU’s Available Per Person for Monday:**

**0.6 CEU’s**

**Tuesday, October 22nd**

***Full Conference Day 3***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Time | Session Title | Session Presenters | Session Number | Location | CEU’s |
| 7:00am-8:00am | **Check-In/ Registration** | | | LOBBY | |
| 8:00am-  9:00am | Keynote: NCTRC – The Future | Robin McNeal and Anne Richard | 16 | Lakeshore Ballroom | 0.10 |
| 9:00am-  9:15am | **Break** | | | | |
| 9:15am- 10:45am | **Concurrent Sessions:** | | | | |
|  | Hooping to Cope with Stress: A research Study | Paige Dagenhard-Trainer and Caroline Haupt | 17 | University Ballroom  A & B | 0.15 |
| NCBRTL is sharing another busy year of small changes including legislative actions, new website features and Continue education survey results! | Becky Garrett | 18 | University Ballroom  C | 0.15 |
| Children are not miniature adults: Key developmental challenges and the importance of play in treatment and recovery | Judy Kinney | 19 | University Ballroom  D & E | 0.15 |
| 10:45am-11:15am | NCBRTL Public Hearing | NBRTL | | University Ballroom C | |
| 10:45am-11:15am | **Hotel Check Out/ Break** | | | | |
| 11:15am 11:45pm | Lunch Served, Silent Auction Give Aways, Raffle Tickets | | | Lunch- Lobby  Give Aways- Ballroom | |
| 11:45pm- 12:15pm | NCRTA Business Meeting & Induction of 2020 Board of Directors | | | Lakeshore Ballroom | |
| 12:15pm- 1:45pm | **Keynote Session:**  Servant Leadership and the Recreational Therapist: Exploring Connections | Brent Wolfe | 20 | Lakeshore Ballroom | 0.15 |
| 1:45pm- 2:00pm | **Break** | | | | |
| 2:00pm- 3:30pm | **Concurrent Sessions:** | | | | |
|  | Building Conflict Resolution and Problem Solving Skills at Murdoch Developmental Center | Kim Towne and Hayley Tate | 21 | University Ballroom  A & B | 0.15 |
| NCTRC Recertification and Areas of Specialization: Continuing Professional Competence | Anne Richard and Robin McNeal | 22 | University Ballroom  C | 0.15 |
| Zumba as a recreational therapy intervention | Kathryn Beaver and Mackenzie Gordon | 23 | University Ballroom  D & E | 0.15 |
| 3:30pm- 4:00pm | **Conference Conclusion: Turn in CEU SHEETS** | | | LOBBY | |

**Total CEU’s Available Per Person for Tuesday:**

**0.55 CEU’S**

***Total CEU’s For Sunday, Monday & Tuesday Per Person:***

***1.65 CEU’s***

***Join us for S.P.I.F. at North Carolina Central University***

***Durham, NC***

***February 21st, 2020***