

North Carolina Recreational Therapy Association



Membership Appreciation

Virtual CEU Sessions & Membership Meeting

November 7, 2021 ● 1:00pm – 6:00pm

DESCRIPTION: This virtual educational opportunity is being offered **FREE** of charge to all NCRTA members to earn up to 0.4 CEUs. NCRTA is hosting this event for recreational therapy professionals, students, educators, and other health and human service providers to enhance skills and knowledge as well as develop competencies in successful treatment interventions while exploring other service delivery options.

OBJECTIVES:

- Enhance knowledge of and develop skills in therapeutic interventions used in the delivery of recreational therapy services.
- Increase understanding of current professional issues related to the delivery of recreational therapy services.
- Increase networking and collaboration among recreational therapy professionals, students, educators, and professionals in other disciplines.

REGISTRATION: Please visit www.ncrta.org to register.

BECOME A MEMBER: Please visit www.ncrta.org to join.

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North Carolina Recreational Therapy Association



@OfficialNCRTA



ncrecreationaltherapy

NOTICE: All sessions are currently pending CEU pre-approval by ATRA and NCTRC. A brochure of approved CEU sessions will be emailed to program registrants prior to the event. Information listed is subject to change.

All attendees are required to register online.

This educational opportunity is being provided to NCRTA Membership at **NO COST**. Payment for membership dues may be made online by debit or credit card. Make all billing and payment inquiries to Alex Jones at alexjones.john@gmail.com.

NCRTA is committed to providing an inclusive experience for all participants. In compliance with the ADA, should you require any accommodations to fully participate in this educational opportunity or membership meeting, please e-mail NCRTA at ncrtaconference@gmail.com. We request that

accommodation requirements be made by October 24, 2021 so that we may attempt to fully meet your needs.

CONTINUING EDUCATION:

Continuing Education Units (CEUs) pre-approval is in process. ATRA and NCTRC cannot guarantee that every session offered for this continuing education opportunity will be granted CEUs. CEU's are calculated at 1.0 CEU = 10 contact hours. CEUs cannot be awarded to participants who join a session more than 10 minutes late, or who miss more than 10 minutes during a session; missing one or the other will result in the removal of credits for the session. Attendance will be verified through codes shown in the presentations.

CEU verification forms will be available electronically via Google Forms ONLY. Attendees will receive a link upon registration to complete this process. Attendees will have one opportunity to complete this process, therefore the Google Form submitted must contain information from ALL sessions attended. Failure to include information from all sessions attended will result in attendee's failure to earn full credit for this educational opportunity.

CEU verification must be submitted by November 8, 2021 at 6:00pm, NO EXCEPTIONS. Please keep the CEU verification email receipt for your records.

Following the conference NCRTA Conference Committee will submit verified CEUs to ATRA. Contact ATRA CEU-online if you do not receive your transcripts within ten (10) weeks.

SESSIONS/TIMES MAY CHANGE: Please note that all sessions and times listed are subject to change. A brochure of approved CEU sessions will be emailed to conference registrants prior to the conference. A Zoom link will be provided to all registrants to access sessions and membership meeting.

Session Schedule

Time	Session	Presenter(s)
1:00pm-2:00pm	Stages of Change: COVID and Building Resiliency in Recreational Therapy	Amelia D. Saul, Ph.D., LRT/CTRS Matthew T. Fish, Ph.D., LRT/CTRS, LPCA, BCB
2:00pm-2:05pm BREAK		
2:05pm-3:05pm	Recreation Therapy and the Lower Limb Amputee	Rebecca Halioua, MS, LRT/CTRS-PMR, CARSS-I
3:05pm-3:10pm BREAK		
3:10pm-3:40pm	Membership Meeting	Meagan Ellison, President Amelia Saul, Past- President
3:40pm-3:45pm BREAK		
3:45pm-4:45pm	Empowerment Through Action: How ATRA Empowers Recreational Therapists	Brent D. Wolfe, Ph.D., CTRS, LRT, FDRT
4:45pm-4:50pm BREAK		
4:50pm-5:50pm	Upping your Internship Supervision Game: NC and National Advancements for Internships	Jennifer Hinton, Ph.D., LRT/CTRS, FDRT Joan Sutton, MS, LRT/CTRS
5:50pm-6:00pm	Closing & CEU Submission	John Rhodes Rebecca Halioua

Session Descriptions

CEU Session #1 (0.1 CEU's): 1:00pm-2:00pm

Title: Stages of Change: COVID and Building Resiliency in Recreational Therapy

Presenters: Amelia D. Saul, Ph.D., LRT/CTRS, and Matthew T. Fish, Ph.D., LRT/CTRS, LPCA, BCB

Description: The past two years of the COVID pandemic have been challenging for RTs, caregivers, and patients. This global experience impacts working conditions, travel, and, ultimately, patient outcomes. Our presentation explores this shared event using the Stages of Change model to investigate how RTs and their patients became aware, prepared, and acted to address the associated changes in their stress, strain, and new technology-driven lives. Specifically, we discuss how RTs and their patients can maintain evidence-based practices, maximize treatment impact and outcomes, and continue to be effective practitioners in an ever-evolving world.

CEU Session #2 (0.1 CEU's): 2:05pm-3:05pm

Title: Recreation Therapy and the Lower Limb Amputee

Presenter: Rebecca Halioua, MS, LRT/CTRS-PMR, CARSS-I

Description: This session will provide Recreation Therapists with an overview of lower limb amputations, common prosthetic terms, and assistive devices. Attendees will be presented with opportunities for incorporating recreational therapy into the different phases of the amputee continuum of care. Suggestions for modalities and adaptations for lower limb amputees, as well as contraindications will be offered. Resources for additional amputee knowledge will be shared for continued skill building.

NCRTA MEMBERSHIP MEETING: 3:10pm-3:40pm

Join our President, Meagan Ellison, and our Past-President, Amelia Saul, as they discuss what our organization has been up to. This informative meeting will be a great way to learn more about NCRTA and how you can

get involved.

CEU Session #3 (0.1 CEU's): 3:45pm-4:45pm

Title: Empowerment Through Action: How ATRA Empowers Recreational Therapists

Presenter: Brent Wolfe, Ph.D., CTRS, LRT, FDRT

Description: As we have faced unprecedented challenges due to COVID-19, issues related to diversity, equity, and inclusion, and global uncertainty, it can become overwhelming for recreational therapists to maintain let alone feel empowered. This session will focus on how personal action can lead to greater feelings of empowerment and how ATRA can empower recreational therapists even in the midst of challenging times. ATRA's mission is to empower recreational therapists and this session is designed to empower you!

CEU Session #4 (0.1 CEU's): 4:50pm-5:50pm

Title: Upping your Internship Supervision Game: NC and National Advancements for Internships

Presenter: Jennifer Hinton, Ph.D., LRT/CTRS, FDRT, and Joan Sutton, MS, LRT/CTRS

Description: NCBRTL has been striving to improve the quality and consistency of the RT internship in NC for many years. The NCBRTL Board began meeting in earnest over the last two years and has recently completed a three-part training session for internship supervisors. The training session focused on designing the internship manual including agency and department information, the internship application process, and the internship program specifics. The ATRA Quality Internships subcommittee was established in fall 2020 to establish thresholds for, and provide materials to assist in, improving the consistency and quality of recreational therapy internships nationally. This session will include updates on their progress, including defining the qualified internship supervisor, a template for agency internship manuals, and information about the upcoming internship supervisor training that is being developed for national dissemination.