

# **NORTH CAROLINA RECREATIONAL THERAPY ASSOCIATION**

## **2023 Student and Professional Issues Forum (SPIF)**



Catawba College  
2394 Yost Street  
Salisbury, NC 28144

Friday, February 17<sup>th</sup> 2023

[www.ncrta.org](http://www.ncrta.org)

# 2023 NCRTA Student and Professional Issues Forum

## **2023 NCRTA Student and Professional Issues Forum**

**CONFERENCE DESCRIPTION:** This conference will offer an opportunity for recreational therapy professionals, students and educators, and other human service providers to enhance skills and knowledge and develop competencies in successful treatment interventions while exploring other service delivery options.

### **OBJECTIVES:**

- Enhance knowledge and skills in therapeutic interventions used in the delivery of recreational therapy services.
- Increase understanding of current professional issues related to the delivery of recreational therapy services.
- Increase networking and collaboration among recreational therapy professionals, students, educators, and professionals in other disciplines.

**REGISTRATION:** Please visit [www.ncrta.org](http://www.ncrta.org) to register for the 2023 Student and Professional Issues Forum. Follow us on social media or sign up for NCRTA e-mails for the latest conference updates.

All sessions are currently CEU-approved by ATRA and NCTRC. In efforts to keep conference registration fees low, please use electronic copies or print the brochure and bring it with you to the conference. Limited printed brochures will be available on site.

All conference attendees are required to register online. Payment may be made online by debit or credit card. On-site registration will also be available. Make all billing and payment inquiries to [ncrtatreasurer@gmail.com](mailto:ncrtatreasurer@gmail.com). Limited on-site registration will be available.

### **NCRTA MEMBERSHIP:**

Your membership must be effective prior to registering for the conference. All non-members will be subject to a non-member convenience fee which is an additional \$50 and will not include a membership. All memberships will be verified the day of conference at check-in. Membership fees are separate from conference registration fees. To become a member of NCRTA or to check your membership status, please login to the NCRTA website at [www.ncrta.org](http://www.ncrta.org).

### **STUDENTS:**

A student membership requires proof of enrollment. An active Recreational Therapy/Therapeutic Recreation student membership is necessary to be eligible for the student member conference registration rate. Please bring a copy of your class schedule and school ID at check-in. Graduate students must be enrolled full-time in an RT/TR master's program (at least 9 hours). Any member who registers as a student is not eligible for CEUs. Must bring class schedule and ID to check-in.

### **CANCELATIONS & REFUNDS**

All requests for refunds must be made in writing to NCRTA at [ncrtaconference@gmail.com](mailto:ncrtaconference@gmail.com). Cancellations marked before February 10th, 2023, will receive a full refund minus a \$50 processing fee. After February 10th, 2022, refund requests are reviewed on a case-by-case basis and will be subject to a \$50 processing fee. Refunds will not be made for no-shows.

### **SPECIAL ACCOMODATIONS:**

NCRTA is committed to providing an inclusive experience for all participants; in compliance with the ADA, requests for any special accommodation must be made by February 10th, 2023, by emailing NCRTA at [ncrtaconference@gmail.com](mailto:ncrtaconference@gmail.com).

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### **LIABILITY:**

All users of the NCRTA SPIF must agree to abide by the college's policies relating to matters of safety and liability.

**DIRECTIONS/PARKING:** When arriving at Catawba College, follow the signs and parking instructions from Catawba Public Safety. They will direct you to our parking lot, and from there you will follow the signs up to the Ketner building, where you will check in with NCRTA! Accessibility markers will also be in place to direct those in need on accessible entry and seating. Public Safety will be on standby for parking and entry directions. The address of our building is 2394 Yost Street, Salisbury, NC 28144.

### **CONFERENCE FEES:**

| Membership Level   | Before Feb 10th | After Feb 10th or On-Site |
|--------------------|-----------------|---------------------------|
| Professional Rates | \$50            | \$55                      |
| Student Rates      | \$20            | \$25                      |
| Non-Member Fee     | \$50            | \$50                      |

### **CONTINUING EDUCATION FORMS:**

|                                   |                                 |
|-----------------------------------|---------------------------------|
| CEU Forms<br>(Professionals Only) | Free with Professional<br>Price |
|-----------------------------------|---------------------------------|

CEUs are calculated at 1.0 CEU = 10 contact hours. CEUs cannot be awarded to participants who arrive more than 15 minutes late to a session or miss more than 15 minutes during a session; missing one or the other will result in the removal of credit for the session. Please ensure that you have signed in at the beginning of each session and have the CEU form punched at the end of each session to receive credit for the session.

*Before leaving the conference, the CEU sheet must be submitted, by the conference attendee to the conference registration table and signed by conference officials. Please keep the CEU receipt for your records. Within the first 30 days following the conference the CEUs attendance will be verified and then sent to ATRA. After 30 days, all CEU information will be sent to ATRA for processing. Contact ATRA CEU-online if you do not receive your transcripts within **6 weeks.***

**RECOMMENDED DRESS:** Casual business attire is recommended for SPIF. Please bring a sweater or jacket for sessions as temperatures within meeting facilities vary.

**SESSIONS/TIMES MAY CHANGE:** Please note that all sessions and times listed are subject to change. A brochure of approved CEU sessions will be emailed to conference registrants prior to the conference and listed on the NCRTA website. In efforts to keep conference registration fees low, please use electronic copies or print the brochure and bring it with you to the conference. Limited printed brochures will be available on site.

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# Conference Schedule at a Glance

| Time            | Session Title  | Session Presenters                           | Session Number | Location  | CEUs    |
|-----------------|--|--|----------------|-----------|---------|
| 7:00am-8:30am   | Check-In/ Registration   |  |                | LOBBY     |         |
| 8:15am-8:30am   | Welcome & NCRTA Announcements  |  |                |           |         |
| 8:30am-9:30m    | Concurrent Sessions:   |  |                |           |         |
|                 | How can I avoid errors on my RT License Application (No Ceus offered)  | Becky Garrett                                | 1              | 201       | No CEUs |
|                 | Transdisciplinary Care: A Strengths Based Approach   | Liz Creasman                                 | 2              | Tom Smith | 0.1     |
|                 | Thinking about Graduate School in Recreational Therapy? What to consider before, during and after.                                   | Dr. Cari Autry, Dr. Matt Fish, Dr. David Loy | 3              | 208       | 0.1     |
| 9:30am-9:45am   | Break  |  |                |           |         |
| 9:45am-11:15am  | Concurrent Sessions:   |  |                |           |         |
|                 | Tell me about why you are a good fit for this position... Defining your strengths in recreational therapy practice (No Ceus offered) | Dr. Jennifer Hinton                          | 4              | 201       | No CEUS |
|                 | Through Aging Eyes   | Deborah Logan                                | 5              | Tom Smith | 0.15    |
|                 | What have you done for me lately? An update from ATRA  | Dr. Brent Wolfe                              | 6              | 208       | 0.15    |
| 11:15am-12:45am | Lunch Break  |  |                |           |         |
| 12:45am-2:15pm  | Concurrent Sessions:   |  |                |           |         |
| 12:45pm-2:15pm  | NCTRC Professional Eligibility   | Noelle Molloy                                | 7              | 201       | 0.15    |
| 12:45pm-2:15pm  | Team Building Activities with Individuals with Intellectual/Developmental Disabilities and its Role in Vocational Rehabilitation     | Rich Phuong                                  | 8              | Tom Smith | 0.15    |
| 12:45pm-2:15pm  | Go from Good to Great! How to Improve your competence in Recreation Therapy  | Dr. Brent Hawkins                            | 9              | 208       | 0.15    |
| 2:15pm-2:45pm   | Break/ Poster Presentation   |  |                |           |         |
| 2:45pm-3:45pm   | Concurrent Sessions:   |  |                |           |         |

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|   |   |    |           |     |
|---|---|----|-----------|-----|
| Recreational Programming For Individuals with Visual Impairments  | Hayley Scanlan and Candice Moore              | 10 | 201       | 0.1 |
| The role of a Recreation Therapist in the world of Adaptive Sports  | Jennifer Moore and Rebecca Smith              | 11 | Tom Smith | 0.1 |
| Learning from the Past to Impact the Future: A Historical Review of Federal Laws that Impacted People with Disabilities and How to Continue Advocacy Efforts Today. | Dr. Kaitlin Mueller and Dr. Anne Marie Martin | 12 | 208       | 0.1 |

**Total CEUs Available at SPIF: 0.5 CEUs**

### Lunch Recommendations:

DJ's Restaurant

1502 W Innes St, Salisbury, NC 28144

**10% off Thursday, Friday, & Saturday when mentioning NCRTA**

Morgan Ridge Railwalk Brewery + Eatery – *opens at 4pm*

421 N Lee St, Salisbury, NC 28144

**10% off Thursday, Friday, & Saturday with NCRTA nametag**

The Smoke Pit

509 Faith Rd, Salisbury, NC 28146

Mykonos Grill

1714 W Innes St, Salisbury, NC 28144

El Patron Mexican Grill and Cantina

1030 Freeland Dr, Salisbury, NC 28144

## **Session Descriptions**

*Description corresponds with session number. For example, Session 6 is the description for number 6 under descriptions.*

1. **Speaker Name:** Becky Garrett

**Title of Program:** How can I avoid errors on my RT License Application (No CEUs offered for this session)

**Session Description:** An overview of what forms and additional documents are needed to obtain your license as quickly as possible.

2. **Speaker Name:** Liz Creasman

**Title of Program:** Transdisciplinary Care: a Strengths Based Approach

**Session Description:** This session is designed to explore effective ways for transdisciplinary teams to collaborate towards optimal patient care. A transdisciplinary approach includes families, caregivers, the patient, and a team of healthcare professionals as critical members of the patient support. This model creates a supportive healing environment for patients while celebrating strengths in the team members. This session will describe the role of Therapeutic Recreation in a transdisciplinary approach, highlight the impact of collaboration, and empower TR professionals to contribute on treatment teams.

3. **Speaker Name:** Dr. Cari Autry, Dr. Matt Fish, and Dr. David Loy

**Title of Program:** Thinking about Graduate School in Recreational Therapy? What to consider before, during & after.

**Session Description:** The focus of this session will be to share information to help you decide if graduate school in recreational therapy (RT) is a path you are interested in but need more information. We will provide a brief overview of the current trends in higher education, the benefits of going to graduate school, and how graduate education can help with the advancement of the profession. We will mainly focus on three areas to consider: exploring your interests and the application process; the graduate culture, expectations, requirements, and specialization areas during graduate school; and career options afterwards. We will also provide information on RT graduate programs in NC and the Southeast. Participants will also be given the opportunity to ask questions and speak with other faculty and graduate students in the audience during and after the presentation.

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4. **Speaker Name:** Dr. Jennifer Hinton

**Title of Program:** Tell me about why you are a good fit for this position... Defining your strengths in recreational therapy practice (No CEUs offered for this session)

**Session Description:** When you are preparing for your internship and professional practice, you will inevitably need to be able to talk about your strengths in writing (cover letter!) and in person (interview!). This session is meant to help the RT student to start developing a concise picture of their personal and professional strengths in recreational therapy. This session is designed for recreational therapy students and is a non-CEU session.

5. **Speaker Name:** Debrorah Logan

**Title of Program:** Through Aging Eyes

**Session Description:** The aging population is growing, it is important for recreational therapist to have an understanding of the growing needs of this population. In this session, we will discuss physical, emotional, and cognitive barriers and needs this population might be encountering during recreational therapy groups/sessions. With hands-on experiences and simulations, participants will gain a heightened awareness of challenges that can possibly be experienced by individuals during the aging process. We will identify methods we can use to assist with these challenges during our sessions with the older adults.

6. **Speaker Name:** Dr. Brent Wolfe

**Title of Program:** What have you done for me lately? An update from ATRA

**Session Description:** Have you found yourself asking this question? Do you ask yourself why membership in ATRA is important? Do you want to hear the most recent initiatives that your professional association is pursuing? Do you want to learn about the most recent trends in the field? Then this session is for you! In this session we will discuss the most recent happenings within the profession, how ATRA has been working to live its mission to empower recreational therapists, and how we are continuing to promote and advocate for the profession.

7. **Speaker Name:** Noelle Molley

**Title of Program:** NCTRC Professional Eligibility

**Session Description:** This session provides an in-depth coverage of the NCTRC Certification Standards and 2021 NCTRC Job Analysis. It will include the requirements for professional eligibility including the internship guidelines, the online application process, and exam information.

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8. **Speaker Name:** Rich Phuong

**Title of Program:** Team Building Activities with Individuals with Intellectual/Developmental Disabilities and its Role in Vocational Rehabilitation.

**Session Description:** Material will revolve around team building activities that have been used at Wilson Workforce and Rehabilitation Center (WWRC); including demonstrations of the activities, their purpose, observations made from activity facilitation, adaptations made, what their role is in vocation rehabilitation, and planned future additions to the activities.

9. **Speaker Name:** Dr. Brent Hawkins

**Title of Program:** Go from Good to Great! How to Improve Your Competence in Recreation Therapy

**Session Description:** How competent are you as a recreation therapist? How competent is recreation therapy as a profession? Come to this session to learn how you and the profession can track and improve in all areas of practice. We will discuss the results and implications of the ATRA Delphi and Competencies Study regarding specific diagnostic populations served; interventions/modalities; facilitation techniques; standardized assessment tools; theories informing practice; and training, education, and counseling topics.

10. **Speaker Name:** Hayley Scanlan and Candice Moore

**Title of Program:** Recreational Programming for Individuals with Visual Impairments

**Session Description:** As Recreational Therapists, we can serve people from a multitude of backgrounds living with a multitude of abilities, especially when working in the community setting. This means that we are responsible for continuously learning about how to better provide for everyone that uses our services and then putting it into motion. Mecklenburg County Therapeutic and Inclusive Recreation Services (TIRS) have been identifying, planning, and implementing recreational programs in the community setting to do just that: Better provide recreational opportunities for its residents with visual impairments. During this session, we will discuss classification of visual impairments, how to market to individuals with visual impairments, and the programs we have offered thus far. We will then end with an activity to test your orientation skills. As a professional, you will leave this session with knowledge to enhance your agency's marketing strategies and program development to better support individuals with visual impairments.



11. **Speaker Name:** Jennifer Moore and Rebecca Smith

**Title of Program:** The role of a Recreation Therapist in the world of Adaptive Sports

**Session Description:** Our session will show how components such as the APIE process, job skills analysis, and other RT processes apply to the world of community based adaptive sports. We will share how our role as RT's fit into the world of working in a non-profit community-based program.

12. **Speaker Name:** Dr. Kaitlin Mueller and Dr. Anne Marie Martin

**Title of Program:** Learning from the Past to Impact the Future: A Historical Review of Federal Laws that Impacted People with Disabilities and How to Continue Advocacy Efforts Today.

**Session Description:** The purpose of this presentation is to give an interdisciplinary, historical review of past federal laws that influenced people with disabilities in our country. Federal laws that will be covered include Architectural Barrier Act of 1968, Rehabilitation Act of 1973, Individuals with Disabilities Education Act of 1975 (IDEA), Americans with Disability Act of 1990, and IDEA Wright's Law of 2004. With expert historical insights from Catawba College's Program Chairs of History and Therapeutic Recreation, this presentation will conclude with practical implications for current recreational therapists serving people with disabilities. Opportunities will be present for peer discussion for brainstorming advocacy efforts moving forward.

# NORTH CAROLINA RECREATIONAL THERAPY ASSOCIATION

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*Save the Date:*

**2023 Annual NCRTA Conference**  
**DoubleTree by Hilton Asheville-Biltmore NC**  
115 Hendersonville Rd, Asheville, NC 28803  
Fall 2023